



## The Self Reflection

### The Problem

Most leaders operate in a vacuum. We think we know how we're perceived, but research shows a significant "self-awareness gap" between how leaders see themselves and how their teams experience them.

**The Growth Paradox:** You can't fix a ceiling you can't see. To level up, you need a mirror, not just a map.

### The Tool

Use this **Feedback Fast-Track Script** to gather high-quality insights in under 10 minutes. Send this to 3 trusted peers or mentors today.

### The Script:

- *"I'm working on a leadership development plan and would value your candid perspective. What are 2 things I should **keep** doing because they empower the team, and 1 thing I should **shift** to be more effective?"*

### The "So What?"

Once you receive your replies, look for the patterns.

- **The Validation:** Did they confirm what you already knew?
- **The Blind Spot:** Did something surprise you?
- **The Cost:** What is the "hidden cost" of not addressing the feedback you just received?

### The Call to Action

**Don't let the feedback sit in your inbox.** Gathering data is step one. Turning that data into a high-performance leadership habit is where the real work begins.

**Ready to turn your feedback into a roadmap?** Let's spend 15 minutes decyphering your results. During this mini-strategy session, we will:

1. Identify the #1 priority from your feedback.
2. Create one immediate "micro-habit" change.
3. See if my full Leadership Coaching Module is the right fit for your next level.

**[Book Your 15-Minute Feedback Audit - email Nikki@Commandingwithcare.com](mailto:Nikki@Commandingwithcare.com)**